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राष्ट्रदेवो भवः

समर्क सहयोग संस्कार सेवा समर्पण

VIKAS SANDESH

NEWS LETTER of Bharat Vikas Parishad Delhi (South)

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THEY ARE NO MORE...

We are extremely sad to lose three of our very senior advisers in immediate succession.



Vikas Rattan **Shri R C PURI** left for his heavenly abode on 16th October, 2011 at the ripe age of 86. He was our past President, was our advisor for many years. He devoted most of his time to BVP activities and we always looked up to him for advice which was always very positive and valuable.

His exemplary sanskars of purity, honesty, genuine love and peace together with selfless dedication to the society will continue to inspire all of us.



Shri R N CHOUDHARY, our past General Secretary & then President was a very humble & gentle person. He expired on 19th October, 2011 at the age of 76 years. In spite of his long illness, he was always available for help & advice. Sh. Choudhary had endeared himself with whomsoever he met because of his loveable qualities.

He leaves behind his wife and 2 daughters.



Shri VIRENDRA TALWAR, a well-known Chartered Accountant, was the founder President of GKII Branch. He was our past General Secretary and then National Secretary, Vanvasi Sahayata. Shri Talwar was a very well disciplined and dedicated person. He expired peacefully on 28th October, 2011.

The **State level NGSC & NSGSC** was held on 21 October, 2011 at Balvant Rai Mehta Vidya Bhavan, Greater Kailash II, New Delhi. The program was very well organised for which we are grateful to the school. Gp. Capt. S C BAHRI, Director, Balvant Rai Mehta Vidya Bhavan was our Chief Guest. Shri I D OJHA, BVP National Working President presided. We are grateful to Dr R K Thakur, our Patron for his presence & blessings.

Balvant Rai Mehta School (Alaknanda branch) stood 1st in the NGSC and Mamta Model School (Vikaspuri branch) stood 1st in the NSGSC.

IMPORTANT ANNOUNCEMENTS

INTERNATIONAL & NATIONAL CONFERENCE

It has been decided to hold the International & National Conference of the Parishad of all members with families and friends on Saturday and Sunday the 24th and 25th December, 2011 at Chandigarh (Punjab East).

The Conference will commence at 10.00 A.M. on 24th December 2011 and conclude around 2.00 P.M. after lunch on 25th December, 2011.

Delegation Fee:

- a) Single Rs. 1000/- per head
- b) Couple Rs. 1500/-
- c) Children between the age of 10+ to 18 years Rs. 800/- per head
- d) Non Delegates / Guests Rs. 1000/- per head
- e) Driver/Attendant Rs. 500/- per head

All Branches are requested to enlist maximum number of delegates for the Conference.

BIRTH CENTENEARY OF SWAMI VIVEKANANDA

Birth Centenary of Swami Vivekananda is being celebrated throughout India during 2012. Bharat Vikas Parishad will organise a series of functions.

First such function will be held in Delhi in the month of January, 2012 at Talkatora Grounds. Details of the programme will be published shortly "ALL BRANCHES ARE REQUESTED TO ORGANIZE AT LEAST ONE FUNCTION DURING THE YEAR WHICH IS SOLELY DEVOTED TO THE SWAMI."

SHASHI AZAD,

General Secretary
Bharat Vikas Parishad,
Delhi State (South)

National level NGSC will be held on 12 -13 November, 2011 at Bangalore and NSGSC on 26 - 27 November, 2011 at Moradabad. It would encourage our teams if members accompany them.

The **State level Bharat Ko Jano Competition** will be held on 18 November, 2011 from 9:30AM at DAV Model School, Yusuf Sarai, New Delhi. Members are requested to please attend.

Branches are requested to please remit the State & Centre share, if not sent already.

SHASHI AZAD,

General Secretary
Bharat Vikas Parishad,
Delhi State (South)

Work like you don't need the Money

ACTIVITIES

A BLOCK JANAK PURI BRANCH

Health

Two camps were organized with the help of Mobile Dental Van of BVP Delhi (South) in Sewa Basti. 32 were the beneficiaries.

Help the Needy

- Financial help in cash of Rs 3500 was given to the adopted student Vinay Khurana of Uttam Nagar to enable him to get admission in computer classes run by DICS at Tilak Nagar, New Delhi -18
- A number of old clothes were collected with the efforts of Sh. K.L.Verma in charge of Sewa Project for distribution among 30 families of Sewa Basti, Uttam Nagar.

Children Personality Development Camps/ Bal Sanskar Camps

Four such camps were organized (on every Sunday) in Sept'11 at Hari Mandir. 175 students from different schools of A Block Janakpuri participated.

GVCA program was organized in MCD primary school A1A, MCD Primary school (II Shift) Asalat Pur, SKV Janakpuri and Govt. Boys Sr. Sec. School A Block Janakpuri in their respective assemblies. 62 one time awards and 18 monthly scholarships ranging from Rs 150-200 pm along with appreciation certificates to the meritorious students on the basis of their performance in CBSE examination were awarded.

The Branch has spent Rs 24786/- on this account in the above mentioned four schools.

Senior Citizen Care/Praud Sanskar

In a regular usual monthly programme all our worthy colleagues whose birthday falls in Sept. were felicitated wishing them many happy returns of the day. It was followed by a talk on "Importance of Ganga Mayya in our Sanskriti" by Shri Radhey Vallabh Goswami. He referred extensively to our holy scriptures to show that Ganga water is so pious to be used in all our religious ceremonies from birth till death.

Millions of Hindus assemble at Holy Places (Tirthstam) Haridwar, Varanasi, Allahabad, to name a few, situated at its sacred banks, depicting our cultural & National ethos. Ganga is instrumental in uniting the Hindus from all over the world. He expressed his anguish that these days it is getting polluted. He appealed to one and all to strive every nerve to build pressure on the Govt to take necessary steps to put an end to this menace to save Ganga.

Shri S.P. Bhatia proposed a vote of thanks. After light refreshment the meeting came to close.

S.P. Bhatia (President)

ACTIVITIES..... contd.

B BLOCK JANAK PURI BRANCH

The Branch organized **NGSC & NSGSC** on 8th September, 2011. Ours is the only branch in Delhi (South) conducting these programs at Branch level every year. A total of 68 students from five schools of B-Block Janak Puri participated in these competitions. A large number of members and other residents were present to encourage the students. The performance of students was very impressive and highly appreciated. Two teams each from Sanskrit and Hindi songs were selected for participation at State level.

VIKLANG SAHAYATA SHIVIR

B Block Janakpuri organized one of its largest VIKLANG SAHAYATA SHIVIRS on 18th September, 2011 at Shri Shiv Shakti Sanatan Dharm Mandir, BA/BB Block. As many as 105 children, adults, men and women were helped with the accessories and equipment needed.

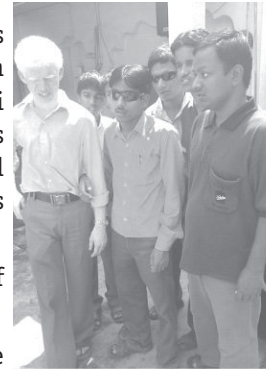
Primarily the following categories of persons were served in the Shivar:

- Physically Handicapped** were donated Tricycles fitted with trunk containing essential material (2), Crutches (3 pairs), Elbow crutches (1 pair), Walkers (3), Polio Callipers (7), Artificial Foot (1);
- The Visually Challenged** were given Pen Drives (6), Braille Watches (4), Re-writable DVDs (20), Transistor radios (9), Pencil Cells (5), Frying pan, Pants and Shirts (16).
- The Mentally challenged** They were donated items of their use like Sketch Pens, Paint Boxes, Fabric Colours, Educational Aids, etc.
- Those with Hearing Impairment** were given 12 hearing aids.
- Others** were donated Shoes (70 pairs), Sewing Machines (4), Geometry Boxes, Note Books and Registers.

All these donations were handed over by BVP leaders - Dr. R.K.Thakur, Dr. (Smt.) Meena Thakur, Shri I.D.Ojha, Shri B.L.Parashar, Shri M.L.Arora, Shri M.K.Wadwa who graced the function. Sh. L.R.Uppal, our donors - the Godbole Family, Sh. G.Kishor, Sh. R.L.Malik and our Executive Committee Members Sh. C.P. Kanwar, Sh. T.R.Jairath, Sh. M.M.Sharma, I.S.Chaudhary, Shri O. P. Baveja, Capt. Wazir Chand and many others also handed over the material to the donees. A sum of Rs. 85,000/- was spent on the items donated.

We were lucky to have amidst us Shri Dinesh Chaturvedi who delivered a thought provoking lecture on SEWA with special reference to our scriptures. I thank him for that.

Earlier, those of our Members whose birthday falls in August and September, were felicitated. Panditji recited swastivachan mantra while S/Shri Ojha, Parashar and M.L.Arora garlanded the 'birthday boys'.



ACTIVITIES..... contd.

I thank all the BVP luminaries, donors and Members of BVP, B Block Branch who volunteered for various jobs, for making the function a success.



PROJECT EYE DONATION

81 donors, 50 families, one objective- let someone else see with our eyes after we are gone.

B Block Janakpuri Branch organized a special function on 14th October, 2011 in which EYE DONATION was the high point of discussion.



Sh. K.L. Batra, Incharge Shroff Eye Bank and having a long experience in the field and Dr. H.C. Gandhi, Incharge, DDU Hospital Eye Collection Centre were there to allay the misgivings of members of the gathering about this noble act."

"85% of the knowledge is

acquired through eyes and if we have this important organ, you can imagine how lucky we are", said Shri Batra. "Why not donate eyes if these can enable a blind person see this beautiful world after we are no more", he asked.

Dr. Gandhi informed that with the opening of an Eye Collection Centre (Phone No.9718990248) at DDU Hospital, donors in West Delhi will be able to fulfil their wish easily. The waiting time will reduce from over 3 hours (from AIIMS) to about 20-25 minutes only.

A difficulty was highlighted, the family members of the deceased are not able to inform the Eye Bank even though there is a wish for that.

Emotionally charged atmosphere coupled with non-availability of telephone numbers create the communication gap.

B Block Janakpuri Branch has devised a way out – a beautifully designed and framed certificate which was given to all donor families –at the expense of the Branch. This will serve as a constant reminder to the members of the family and a motivator to the visitors. 50 such certificates were distributed at the function. The first certificate was handed over to Shri L.R.Uppal, the Branch President.

There was an **immediate impact** – 13 more pledgers came up and registered themselves. C2 Janakpuri Branch decided to create awareness among their members and issue similar certificates to the donors. Other neighbouring branches – A Block Janakpuri and Janakpuri (Main) also were activated in this direction.

V. K. Malhotra
General Secretary

ACTIVITIES..... contd.

C2 JANAK PURI BRANCH

1. Celebration of Independence Day, 2011

Members of our branch actively participated in the celebration of Independence Day with Residents Welfare Association of our area. Various programmes were organised e.g. Children's Drawing competition, Patriotic songs by school children, honouring of senior citizens, special awards to boys and girls who scored more than 85% marks in 10th & 11th class final examinations and cultural programmes, etc.

2. Janmashtami

Shri Krishan Janmashtami was celebrated with great fervor and devotion. Members of our branch in association with Geeta Mandir C-2 Block participated in organizing Jhankies, Jhoola and Cultural Programmes by Central School children.

3. घरेलू नुस्खे

A meeting of the branch was held on 31st Aug., 2011 where more than 70 members were present. A very purposeful and beneficial talk was given by Vaidyaraj Nathu Ram on "How to keep fit through easy domestic methods i.e. "घरेलू नुस्खे".

He advised the members to avoid overeating, particularly the evening diet should be light and taken at least 2 hours before sleep. He also advised to use our vital organs i.e. "Gyan Indriyan and Karam Indriyan" judiciously as the life span can be easily increased to at least 100 years by the proper use of vital organs of the body. For treatment of various diseases and disorders of the body the importance of Indian herbs and other things used in our daily diet etc. e.g. Turmeric, methi, etc. and their proper systematic use, was explained.

4. Vikas Rattan & Vikas Mitras

One of our senior & founder members Sh. R. K. Aggarwal became our third Vikas Rattan as was reported in the last issue. Two other members namely Sh. P. K. Aggarwal and Sh. P. D. Gupta opted to become Vikas Mitras during this month and with this the number of Vikas Mitras in the branch has increased to 12.

5. Before celebrating the birthdays of members who were born in the month of August tributes were paid to Lokmanaya Bal Gangadhar Tilak. During the freedom struggle his slogan was "Freedom is my birth right". Birthday of 13 members was celebrated with usual Indian tradition and blessing of the members present there.

Guru Vandana & Chhatra Abhinandan

The Programme was carried out in our two adopted school viz. MCD Primary School C-2, Janak Puri on 24.09.2011 from 9.00 am to 10.00 am and from 11.00 am. to 12.00 noon at Possangipur School. Small boys and girls presented variety programmes of patriotic songs, solo plays and dramas which were appreciated by all members of the branch committee.

ACTIVITIES..... contd.

Students from Nursery to 5th class stood 1st & 2nd were honoured as under:

a. MCD Primary School C-2 Janak Puri: Students standing 1st and 2nd from Nursery to Vth Class were honoured with Tiffin boxes and chocolates. There are 595 students in this school.



b. MCD Primary School Possangipur: No. of students=425 Teachers, employees=20, Students honoured = 24 Students from Nursery to V Class who stood 1st and 2nd were honoured with honoured Geometry Boxes, Water Colours and drawing boxes & chocolates costing Rs. 2142+27=2412



Hot case costing Rs. 1000/- was also provided to school on the request of Principal & Teachers.

GENERAL BODY MEETING

Monthly General Body Meeting of the Branch was held on 27.9.2011 (Tuesday) at 6.00 P.M. and was attended by 72 Members.

After veande Matram members were entertained with Bhajans, songs and ghazals by Shri Raj Kumar, V.D. Sharma, O.P. Arora, G.S. Bhardwaj, V.K. Sudan, Smt. Kanchan Bhalla, Saroj Bansal, Mrs. Yadav.

BIRTHDAYS

20 members whose birthday falls in September, 2011 were blessed according to Hindu tradition by Puja by Panditji and all the members present.

PROJECT EYE DONATION

Shri K.B. Mahajan Editor "Vikas Sandesh" and Convenor of Eye Donation attended our Executive Meeting held on 4.10.2011 at our request and he explained about the eye donation. Our Convener Shri K.K. Bali appealed to all the members of the Branch to come forward and become donors. At present 6 members of our Branch have given their names.

R. K. Sud
General Secretary

For the next issue of **VIKAS SANDESH** please send your material, photos, news, etc. latest by 15th January, 2012 at BB/52-C, Janakpuri, New Delhi-110058. Please send material by mail : mahajankb1941@yahoo.co.in. Phone: 9810042458.

ACTIVITIES..... contd.

JANAK PURI (MAIN) BRANCH

"On 2nd September 2011 Bharat Vikas Parishad Janak Puri (Main) Branch organized a meeting for senior citizens. The main speakers Dr. Ashok & Dr. Mangla guided the members regarding facilities of C.G.H.S., Janak Puri Super Specialty Hospital & precautionary measures to prevent illness. 68 members participated in the meeting.

On 5th September 2011 our Branch organized Guru Vandana Chhatra Abhinandan Samaroh in 5 Schools by honouring 80 teachers and distributed scholarship money to 20 students for the month of July, August, September & October.

The speakers in the functions were Sh. B.L. Parashar- National Secretary B.V.P. and Dr. Meena Thakur. Other dignitaries present were Sh. P.N.Grover, Dr. R.S. Aggarwal and Sh. M.L.Arora. Sh.V.S. Gupta, Branch Convenor of G.V.C.A. thanked the students, teachers & dignitaries of B.V.P."

On 9th September 2011 the Branch organized another talk for senior citizens. Dr. Rajeev Sharma-MD (Psychiatry), AIIMS was the main speaker. 74 members participated in the meeting.

On 14 September 2011 a **Heart Check-Up Camp** was organized in-coordination with

Medanta - The Medicity(Gurgaon) at Shri Sanatan Dharm Mandir C-3 Janak Puri . The Chief guest of the programme was Sh. I.D. Ojha, National Working President B.V.P. Guests of honour were Sh.H.L.



Malhotra, Industrialist & eminent social worker, Dr. Meena Thakur, Sh. B.L. Parashar, Sh. B.N.Malhotra- General Secretary Shri Sanatan Dharm Mandir C-3 Janak Puri, Sh. M.L. Arora & Smt. Kanta Ojha.

124 Patients benefitted from this camp. Facilities of ECG , BP and ECHO were available in the camp. Mementos were presented to the Chief Guest and the whole Medanta team by Dr. R.K. Thakur. B.V.P. The conveners of the camp were Sh. B. B. Gupta & Sh. P.N. Grover.

On 23rd September 2011 our Branch organized a competition on Ram Charit Manas. On this occasion Smt. Shashi Prabha Mahajan-an eminent author addressed the gathering. The convener of the competition was Sh. V.S. Gupta, Branch Organizing Secretary. 58 members participated. Dignitaries present were Sh. B.L. Parashar, Shri M.L.Arora & Sh. K.B. Mahajan. Sh. J. P. Sharma was the Convener.

On 24th September 2011 the Branch organized an Essay Competition (in English). 64 students from 6 schools participated. The competition was organized to inculcate among the students tenets of Indian culture & moral values, utility of Geeta in modern times, Democracy in India & Teachings of

ACTIVITIES..... contd.

Shri Ram Charit Manas. The VIPs present were Dr. R.K.Thakur & Shri M.L.Arora. Shri P. N. Grover, thanked the participants, teachers, dignitaries & other members. Prasad was distributed to the participants. The convener of the competition was Sh. V.S. Gupta, Branch Organizing Secretary.

Vinay Bhatia, Secretary

GREATER KAILASH - I BRANCH

Health Care Projects

During the month of September 2011, the number of patients treated at our permanent Homoeopathic dispensary at Khanpur Extn. was 377 and at Allopathic dispensary at Vishram Varidh Ashram, Badarpur was 640 (courtesy - Dr. Geeta Garg and Dr. Sulekha Sadhoo).

Hindi Diwas

Shri Deshpal Rathor, President, Parivartan Jan Kalyan Samiti, Delhi (Regd.), who is also our esteemed member, organized Hindi Diwas on 26.09.2011 at Constitutional Club. The topic was 'Hindi Vikas and Challenges'. Selected eminent Hindi writers and Poets were honoured on the occasion. The function was graced by Dr. GVG Krishnamurty, former Chief Election Commissioner, Shri Bhisham Narain Singh former Governor and other dignitaries.

Book Vimochan

We convey our hearty congratulations to Smt. Mridula Bhatnagar, wife of Shri P.S. Bhatnagar, our esteemed Vice President, for writing a Book in Hindi Titled "पहचान की तलाश में—मानस के कुछ पात्र". The Book was released on 01.10.2011 at Hindi Bhawan, New Delhi in the presence of eminent dignitaries.

S.R. Dhunna, General Secretary

शोकप. स्ताव

भारत विकास परिषद, ग्रेटर कैलाश-१ के समस्त अधिकारियों एवं सदस्यों को यह जानकर अत्यन्त दुःख हुआ कि आदरणीय श्री आर. सी.पुरी जी का आकस्मिक निधन हो गया है।

स्व. श्री आर.सी.पुरी जी इस परिषद के विकास रत्न और प्रतिष्ठित अधिकारियों में से एक थे। उन्होंने तन, मन, धन से भारत विकास परिषद को निरन्तर सहयोग दिया। इनका यह सहयोग अविस्मरणीय रहेगा। इस शोकस भामेंह मप रमपितासे उ नकी सदगति की प्रार्थना करते हैं।

समस्त परिवार के सदस्यों के साथ अपनी हार्दिक सहानुभूति प्रकट करते हुए दिवंगत आत्मा के चरणों में श्रद्धांजली समर्पित करते हैं।

प्रधानजीए वंस मस्तस दस्यग ण
भा०वि०प रि०, ग्रेटरकैलाश । ११ आखा

अनुपम पुरी, ममता पुरी, प्राची एवं शालीन शर्मा,
श्रीमती शान्ता पुरी, कमला एवं बिक्रमजीत नय्यर,
सरोज एवं प्रेमवीर चोपड़ा, सुभाष एवं अरुण भंडारी

ऋषिदुर्वासा



प्राचीन ऋषियों में दुर्वासा ऋषि का नाम अत्यंत प्रसिद्ध है। हिन्दुओं के लगभग सभी ग्रंथों में इन का नाम किसी न किसी घटना से जुड़ा हुआ है। उनके पिता अत्रि ऋषि तथा माता अनसूया थी। अपने क्रोध के लिए वे विशेष रूप से जाने जाते थे। छोटी छोटी बात पर क्रोधित होकर श्राप देना

उनका स्वभाव था। इसी कारण मनुष्य और देवता दोनों ही उनसे घबराते थे। और उनको प्रसन्न करने का प्रयत्न किया करते थे।

अत्रि ऋषि और अनसूया की कोई संतान न थी। उन दोनों ने संतान प्राप्ति के लिए घोर तपस्या की। देवी अनसूया की तपस्या देख जनमानस ने उन्हें महासती कहना आरम्भ कर दिया। सती वह स्त्री होती है जो त्याग की मूर्ति, गुणवती, सेवाधर्म में निपुण, सत्य के मार्ग पर चलने वाली तथा पतिव्रत का पालन करने वाली हो। सती के ही इतने गुण हैं तो महासती तो इससे भी अधिक गुणों वाली होनी चाहिए। इसीलिए संसार में किसी को भी महासती नहीं कहा जाता। यह उपाधि ब्रह्मा, विष्णु तथा महेश की पत्नियों क्रमशः सरस्वती, लक्ष्मी तथा पार्वती के नाम के साथ ही लगाई जाती हैं। इन तीनों देवियों ने अनसूया को इस उपाधि के लिए अनुचित माना और अपने पतियों से उनके सतीत्व की जांच के लिए अनुग्रह किया और उन्हें सहमत भी कर लिया।

तीनों देवता ऋषि का रूप धारण कर अत्रि ऋषि की अनुपस्थिति में उनके आश्रम में भिक्षा मांगने गए। देवी अनसूया ने उन का स्वागत किया और भिक्षा में अन्न-फल इत्यादि देने लगी। इस पर ऋषि बने देवताओं ने देवी अनसूया को नन्नावस्था में अपना स्तनपान कराने का अनुग्रह किया। देवी सोच में पड़ गई। थोड़ी देर विचार करके अपनी तपस्या के बल पर तीनों को दुधमुँह बालक बना दिया और उन्हें दुग्धपान कराया। इसप्रकार वह त्रिदेव की माता की भूमिका निभाने के कारण उनकी पत्नियों में भी महान हो गई।

तीनों देवताओं ने देवी अनसूया को वरदान दिया कि वे उनके घर जन्म लेंगे। इस प्रकार शिव के रुद्र रूप ने दुर्वासा, विष्णु ने दत्तात्रेय तथा ब्रह्मा ने चंद्र बनकर देवी अनसूया के पुत्रों के रूप में जन्म लिया। शिवजी के रूद्र पक 15 वभावअ त्यंतउ ग्रह तोताह ।व ह्ध र्मक' विरुद्ध चलने वाले किसी भी व्यक्ति को सहन नहीं करता। इसी लिए दुर्वासाऋषिअ पनेद सह जारशिश्योंक 10अ नुशासनमंर खतेहुए उन्हें वास्तविक सत्य की राह पर चलने की शिक्षा दे सके।

ऋषि दुर्वासा का जीवन देखकर पता चलता है कि वह कई बार बिना सोचे विचारे क्रोधित हो जाते थे। परिणाम स्वरूप उनको ही कठिन परिस्थितियों का सामना करना पड़ता था। श्रीमद् भागवत पुराण की कथा में महाराज अम्बरीष बड़ी श्रद्धा के साथ एकादशी का व्रत रखते थे। एक बार एकादशी के व्रत के बाद द्वादशी को व्रत का पारण करने से पहले उन्होंने भगवान कृष्ण की पूजा की तत्पश्चात ब्राह्मणों को भोजन कराया तथा उन्हें दक्षिणा देकर सम्मान सहित विदा किया। अभी वे पूजा पारण करने जा ही रहे थे कि ऋषि दुर्वासा आ गए।

राजा ने उनका सम्मान किया तथा भोजन करने का आग्रह किया। ऋषि दुर्वासा ने राजा का आग्रह स्वीकार कर लिया तथा नदी पर स्नान करने के लिए चले गए और राजा को अपने आने तक प्रतीक्षा करने को कहा। द्वादशी समाप्त होने में थोड़ा सा ही समय रह गया पर ऋषि नहीं आए।

ऐसी विषम परिस्थिति में राजा ने ब्राह्मणों के परामर्श से तुलसी के पत्ते को पानी के साथ लेकर व्रत पारण किया और ऋषि की प्रतीक्षा करने लगे। स्नान करके वापिस आने पर ऋषि को जब पता चला कि राजा ने व्रत पारण कर लिया है तो उनका क्रोध सातवें आसमान को छूने लगा। उन्होंने राजा का वध करने के लिए एक राक्षसी कृत्या उत्पन्न की। भगवान को अपने भक्त के प्रति ऋषि का व्यवहार अच्छा नहीं लगा और उन्होंने राजा आम्बरीष की रक्षा के लिए अपना सुदर्शन चक्र भेज दिया। सुदर्शन चक्र कृत्या को मार ऋषि दुर्वासा का पीछा करने लगा ऋषि भयभीत होकर भागने लगे।

ब्रह्मा तथा शिवजी के पास जाकर रक्षा करने की प्रार्थना की पर उन दोनों ने अपनी असमर्थता प्रकट की तथा उन्हें विष्णु जी के पास भेज दिया। भगवान विष्णु ने भी आम्बरीष की श्रद्धा पूर्ण भक्ति के सामने स्वयं को असमर्थ बताया और ऋषि को राजा आम्बरीष से क्षमा मांगने का परामर्श दिया।



ऋषि वापिस राजा के पास आए और उनसे क्षमा याचना की। राजा ने भगवान से सुदर्शन चक्र वापिस बुला लेने की प्रार्थना की और ऋषि के प्राण बचाए। इस प्रकार ऋषि दुर्वासा को बिना कारण के क्रोध का परिणाम भुगतना पड़ा।

ऋषि दुर्वासा के जीवन कि कुछ घटनाओं से यह भी पता चलता है कि वह बहुत ही सीधे स्वभाव के थे। कपटी लोग उन्हें प्रसन्न कर उनके इससे वभावसे अ पनास वार्थसिद्धक रनेक 1प. यत्नक रतेथे।इ स संबंध में एक घटना महाभारत में आती है। दुर्योधन के पास ऋषि दुर्वासा शिष्यों सहित आए। दुर्योधन ने सेवा में ऋषि को प्रसन्न कर लिया, पांडवों के अहित के लिए उन के पास उस समय भेजा जब भोजन करने के बाद पांडव विश्राम कर रहे थे। महाराज युधिष्ठिर ने अतिथि सेवा के उद्देश्य से ही सूर्य देव से एक ऐसा चमत्कारी बर्तन प्राप्त किया हुआ था जिसमें पकाया गया थोड़ा सा भोजन भी अक्षय हो जाता है परंतु उसमें शर्त यही थी कि जब तक द्रौपदी भोजन नहीं कर चुकती थी, तभी तक उस बर्तन का चमत्कार रहता था।

ऋषि दुर्वासा के आने पर पांडवों ने उनका आदर सत्कार किया और भोजन के लिए आमंत्रित किया। ऋषि निमंत्रण स्वीकार कर स्नान हेतु गंगा तट पर चले गए तो पांडवों को पता चला कि द्रौपदी तो भोजन कर चुकी है अब तो उस बर्तन में भोजन नहीं बन पाएगा। वे घबराए कि अब तो ऋषि अवश्य शाप दे देंगे। जब द्रौपदी को और

कोई उपाय नहीं सूझा तो उन्होंने मन ही मन भगवान श्री कृष्ण का स्मरण किया। श्री कृष्ण तो सदा सर्वत्र निवास करते हैं और सब के मन की बात जानते हैं। वे तुरंत वहां आ पहुंचे। द्रौपदी ने सारी समस्या बताई। श्रीकृष्ण ने स्वयं को क्षुधा ग्रसित अपने लिए कुछ खाने के लिए मांगा। द्रौपदी ने हाथ जोड़ कर अपनी असमर्थता बताई। श्रीकृष्ण ने बर्तन मंगवाया और उसे ध्यान से देखा। बर्तन में एक साग का पत्ता लगा हुआ मिल गया। उन्होंने उसी को मुंह में डालकर कहा – इसी साग के पत्ते से संपूर्ण जगत के आत्मा यज्ञभोक्ता परमेश्वर तृप्त हो जायें। भगवान के साग का पत्ता खाते ही ऋषि दुर्वासा तथा उनके शिष्यों को ऐसा अनुभव होने लगा मानों उन सब का पेट भर गया हो। ऋषि घबरा गए और वहां से भाग जाना ही ठीक समझा क्योंकि वे जानते थे कि पांडव भगवद् भक्त हैं। उन्हें आम्बरीष वाली घटना भी याद आ गई। पांडव जब उन्हें गंगा के तट पर बुलाने गए तो वहां रहने वाले तपस्वियों से ऋषि तथा उनके शिष्यों के भाग जाने का समाचार मिला। इस प्रकार पांडवों तथा द्रौपदी की कृष्ण भक्ति के कारण दुर्योधन की द्वेष पूर्ण योजना पूरी न हुई और पांडव ऋषि के शाप से बच गए।

दुर्वासा ऋषि क्रोध कर केवल शाप ही नहीं देते थे बल्कि प्रसन्न होने पर वरदान देकर अनुग्रहीत भी करते थे। पांडवों की माता कुंती को दुर्वासा ऋषि ने प्रसन्न होकर वरदान दिया था जिस के फलस्वरूप उन का जन्म हुआ।

बचपन में एक बार ऋषि दुर्वासा कुंती के पिता कुंती भोज के पास गए तो राजा ने ऋषि की सेवा का काम अपनी पुत्री कुंती को सौंपा। कुंती ने दुर्वासा ऋषि की सेवा मन लगा कर की। ऋषि ने प्रसन्न होकर उसे वरदान दिया कि वे किसी भी देवता का आवाहन करे तो वह देवता प्रकट हो जाएगा। इस के लिए उन्हें मंत्र भी बता दिया। समय पाकर कुंती का विवाह हस्तिनापुर के महाराज पांडु से हुआ। राजा शाप ग्रसित हुए जिसके कारण वे संतान पाने में असमर्थ हो गए। उस समय कुंती ने उनके परामर्श से पांच पुत्र – तीन अपने और दो राजा की छोटी पत्नी माद्री के लिए प्राप्त किए। धर्मराज के आवाहन से युधिष्ठिर, पवन देव के आवाहन से भीम तथा इन्द्र देव से अर्जुन—यह तीन पुत्र अपने लिए प्राप्त किए। माद्री के लिए उ सकीइ च्छाके अनुसार अश्विनी कुमारों का आवाहन कर नकुल और सहदेव प्राप्त किए।

ऋषि दुर्वासा के जीवन की इन घटनाओं से पता चलता है कि वे सत्य की राह पर चलने वाले थे परन्तु उग्र होने के कारण उन से गलत निर्णय हो जाता था। प्रभुभक्तों के प्रति गलत निर्णय उनके लिए दुखदायी बन जाता था। क्योंकि भगवान को अपने भक्तों की पीड़ा सहन नहीं होती और वे उनकी रक्षा के लिए कुछ भी करते हैं। इससे हम इस निर्णय पर पहुंचते हैं कि अधिक क्रोध हानीकारक सिद्ध होता है। मनुष्य को सदा क्रोध पर विजय पाने का प्रयत्न करना चाहिए।

शशिपु, भाम हाजन

बी.बी./52-सी, ज नकपुरी

BVP – HELPING THE HANDICAPPED

Helping the handicapped persons to fully participate in social and national life of the country is one of the important programmes of the Bharat Vikas Parishad. Beginning with the establishment of its first Viklang Centre in Delhi in 1990, there are now 13 Viklang Sahayata Kendras in various states, which provide artificial limbs free of cost to needy persons through their centres as well as by organising camps.

It may be mentioned that our centres are equipped with the most modern equipment to manufacture artificial limbs and other attachments. Trained technicians at these establishments, through R&D, have developed improved limbs that are not only very light but also highly efficient. The limbs manufactured by the centres are rapid fit, cosmetically and functionally close to human walking, running, climbing, swimming, driving etc. The disabled persons, after the fitment, can even lift heavy weights and work in workshop and farms.

Bharat Vikas Parishad is the only non-governmental organisation that renders service to the largest number of handicapped persons in the country year after year.

During the year 2009-10, number of artificial limbs and other aids provided by the Viklang Kendras and its branches is indicated below:

(a) By BVP branches at Viklang camps	9,146
(b) By Viklang Kendras at their own centres	6,314
(c) By Viklang Kendras at camps organized by organisations other than BVP	2,439

Total 17,899

Similarly, during the year 2009-10, 6,194 physically challenged persons were rehabilitated by providing them training in various vocations, securing employment or in obtaining railway passes, etc. during the year.

(From BVP Website)



An Appeal

Arya Samaj Kailash, GK1, at its charitable multi-speciality Medical Centre performs cataract operations for less privileged persons at subsidized charges of Rs 3,500 each eye. Also, a Mobile Eye Testing Van, on request, is available on nominal charges Rs 500 per day, up to 5 KM distance and beyond at Rs 1,000/ day. we solicit Branches, Members/friends sponsorship of mobile eye testing van and of deserving persons for cataract operation. Contact Shri D.N. Grover (9818263671) or Shri S.N. Jain (9810022272).

Grieved

Smt. Pushpa Khurana, Resident of C-5-D/65B, Janak Puri, New Delhi left for heavenly abode on 3.9.2011. Smt. Pushpa Khurana was mother of Sh. Ashok Khurana, member, Bharat Vikas Parishad Janak Puri (Main) Branch.

Smt. Raj Rani Kapur, Residence C-95, Pushpanjali Enclave, Vikas Marg, New Delhi left for her heavenly abode on 22.9.2011. Smt. Raj Rani Kapur was Mother-in-Law of Sh. Prem Kumar Puri, Executive Member, Bharat Vikas Parishad Janak Puri Main (Branch).

Vinay Bhatia, Secretary

Smt. Janak Dulary Agarwal (75 yrs.) mother of Sh. Ashok Kumar Agarwal our Treasurer, passed away on 13/9/2011. She was suffering from Cancer.

Our senior member Shri V.S. Varshney expired on 19.9.2011 after a brief illness.

Wife of our member Shri Mahender Saxena expired on 2.10.2011

Our heartfelt condolences to the bereaved families.

R.K. Sud, General Secretary

With best compliments from



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